

PHILO NEWSLETTER

April 2009

VOL 12 - ISSUE 7

Garage Sale

Mark your calendars for the 5th annual Philo Garage Sale. The sale will be on Saturday, April 25, from 7:30 a.m. to 3:00 p.m. at First Congregational Church, 800 N. Lincoln. (Across from the downtown Safeway.) Items can be dropped off at the church on Thursday, April 23rd from 5-7 p.m., and Friday, April 24th from 8:00 a.m. to noon. This year will be the second for the bake



sale, which was a lot of fun. All donated proceeds from the bake sale go to the Integrated Early Childhood committee.

We ask all of you to clean out your closets and find donations for the sale. Ask your friends and neighbors to do the same. We can take large items such as furniture, and nothing is too small to donate! We hope the

sale will raise \$1,500.00 which will be used next year to support the many different projects that help our community.



Thanks to all

members who have signed up to help with the sale. We have a few time slots open, so you can still sign up at the April meeting. If you are not available that weekend, please consider donating juice boxes or baked goods that we can use for the bake sale. Thank you,

Denise Olson, Chairwoman, and Mary Ladd, Co-Chairwoman, Philo Garage Sale



The Alternatives to Violence committee will meet at 6:30 on Tuesday, April 14th before the general meeting.

The Spring Appreciation Social Committee will meet at 6:30 before the April general meeting.



6:00 PM April 14 The church will be open so committees can meet.

This Month's General Meeting 7:00 PM Tuesday, April 14 Trinity Lutheran Church

May Newsletter Deadline April 24

Garage Sale – April 25 First Congregational Church

A note from our President... Chatty Kathi Says



PHILO -90 YEARS STRONG

JELLOWSHIP:

As I listened to Lola's letter at the March meeting, I was touched by how much Philo can mean to each of us in time of need. May we always be there for each other. The "newbies" St. Patrick's Day theme as hostesses got me in the "green" spirit, how about you?

The theme for our Spring Dinner, "The Many Hats of Philo" will be fun and surely will make some lasting memories!

IMPROVEMENT:

Dee Valdez (and hubby) made me think long and hard about how I relate to my son. I am texting a lot more. How about you? I also learned valuable information for supervising my staff.

SERVICE:

Cindy has a great slate of officers for next year. It will be another productive year. Committee signups are coming along. Please be sure to come to the April meeting and sign up for one of the many committees that offer so much help to our community. I know we have our favorites, but try out a new task. Don't forget to sell your duck race tickets.

I'll be at the garage sale, How about you?

Enjoy Easter!

Kathi Wright, President

Newsletter Deadlines

We only have one remaining newsletter. Following is the deadline for the remainder of the 2008-2009 year.

<u>Meeting Month</u> May

Deadline April 24

Send Information to Juanita Cisneros - <u>Juanita@lpbroadband.net</u>



The guest speakers for April are Life Coaches Rachel Lane and Pam Day.

Rachel Lane is a CFP® and professionally-trained Life Coach whose passion is empowering women with the wisdom to make smart financial decisions and meaningful life choices. With her guidance, Rachel's clients move forward in new directions faster and easier than they would on their own. She is currently writing a book titled "New Directions". In addition to running her financial planning practice and life coaching, Rachel is actively involved in Philo and the Downtown Loveland Association, and is teaching the Wi\$eUp Women Financial Education program for the U.S. Department of Labor Women's Bureau.

Pam is President of the Northern Colorado Coaches Alliance and a Certified Personal Development Coach. She is passionate about coaching those who are in life/career transitions. Her clients are seeking something more in life and are asking the questions, "What is my purpose?" and "What can I do to make an impact?" Pam coaches based on a spirit, mind and body premise; as she believes that in order to live on purpose and in harmony, these must work together in our lives.

Both Rachel and Pam assist their clients by creating a spark that empowers exploration of who they are, what is meaningful and valuable in their lives, and to how to implement these elements into living a life of purpose.

Romance Songs CD

DOH! For those of you who ordered the CD, you have probably discovered a problem with song #3, "The Twelfth of Never", by Johnny Mathis. The song is



flawed on the original given to us by Jim Willard. Unfortunately, I did not listen to every track so I did not discover this until it was brought to my attention. Although I could not have fixed it, I could have deleted the song from the play list. For those of you who share my obsessive compulsion for perfection, I will happily burn another copy with the song deleted. Those of you normal, gracious ladies who have learned that life sometimes includes a bump along the road, just skip over it, or sing along loudly enough to eliminate the noise.

Juanita Cisneros



Blood Drive

The next blood drive will be on Tuesday, April 21st. We hope to have as good a turnout as we did in February. We still need volunteers to work that day in the canteen area and as an aide. Please call me at 667-6117 if you can help that day.

Thank you,

Eunice Holthousen, Chairwoman Blood Drive Committee Johna Cabrera, Co-chairwoman



DUCK RACE TICKETS

- **D** O Your Part
- **U** Unsold tickets-return
- **C** Checks made out to Philo
- K Kids and Philo benefit
- R Rotary dictionaries for each 3rd grader
- A Active and honorary members participate
- C Committed to project
- E Enthusiasm
- T Ticket stubs-return with checks
- I Interest
- **C** Committee of ducks will be quacking(calling)
- K Key to Success
- E Effort
- T Thanks to You
- S Support Means Success

Please return checks, ticket stubs, or any unsold tickets at or before the April 13th meeting. Thanks to all that have supported this project.

Carol Albers, Chairwoman Shirley Lampshire, Co-Chairwoman, Rotary Duck Race Ticket Sales Committee



Quack-Quack-Quack-Quack





Editor's note: For those of you who did not attend the March meeting, here is a copy of the thank you note sent to us from Lola Johnson

Dear Philo Friends,

I can't find the words to express how supportive you have been through my second diagnoses of cancer. Some of you know the circumstances, others of you do not. I thought I would take a minute to explain what is going on and what the future holds in store for my strong family and myself. I was diagnosed with metastasis lung cancer in August, and found it had spread to a couple of different parts of my body. We tried to take care of those "hot spots" at the University of CO Hospital in Denver. Surgery was my first choice to take care of one of the adrenal glands, and high doses of radiation to my left leg and arm because bone cancer showed up there. After three weeks in the hospital, I then found out that the cancer had spread further and my last hope was chemo. I chose to do my chemo here at the McKee Cancer Center because it felt more comfortable and much closer to home.



I have had four rounds of chemo since December, with two more to go. Hopefully, I will be finished by mid April. The good news is, the new chemo drug that I am on shows promising to the areas because it is a targeted drug with fewer side effects. I haven't tolerated two of the sessions very well, but the other two have gone fine. I don't know what will happen with the last two, but I'm trying to be as positive as I can, and I'm sure they will go great.

Your meals have been wonderful. My daughters are so glad when Monday and Thursday roll around because they know that they are going to have a good dinner. Cliff, of



course, loves all the desserts (just ask Jinger Buchner). He knows when I prepare meals, there are NO desserts coming from me; we're just lucky to get the meal ready. You women have spoiled him; guess he will have to get over that soon. The food has been awesome, your warm thoughts and prayers through phone calls and cards have been uplifting, and your visits have helped the time pass by much more quickly. A thank you doesn't seem enough for all you have done for my family and me; but it is all I can give Philo at this time. I am hoping I can come back soon and be a part of the greatest women's organization in Loveland.

Unfortunately there is no cure for metastasis cancer, only remission. My hope is remission for a long time.

Love to all of you, Lola Johnson

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..... April showers bring May flowers.....

An Expression of sympathy was sent to Joan Putlak for the loss of her father.

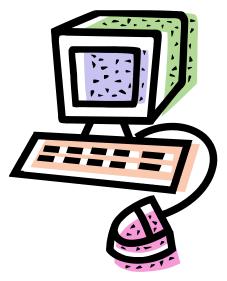
Again, thank you Sunshine teams for providing meals for Lola Johnson. Your generosity is very much appreciated.





April Birthdays

- 1 Shannon Voggesser
- 6 Georgia Christopher
- 8 Diane Lauer
- 9 Nicki Staiano
- 13 MaryAnn Stroub
- 14 Diane Bakel
- 18 Jean Christensen
- 19 Gail Rouen
- 25 Jennifer Wilson
- 29 Kathy Loken



PHILO WEB UPDATE:

Philo's Web Administrator Craig Robinson has been searching for a new content management software to make it easier to add and delete information on our public and members only pages. He has found a new program called "Joomia" that is extremely

user friendly. He stated, "the program is web based, so there is no special software required on home PCs. It won't require any changes to the hosting fee - dollar per year cost - because it is all free, or "open source software." We think this will be the answer to help select members manage updating information on the web site. The current process available to the membership for

accessing the web site and members only page will remain the same. Very soon, when you log on to our web site, you will notice a small change in the format of the Philo pages, otherwise everything will work the same. You will also notice that we have temporarily removed the "Newsletter" category on the page for public viewing. This will return when we have completed the process for editing the newsletter for public viewing. When the problem is solved we will reintroduce that category on the public page. NOTE:All newsletters are still available on the members only page. If you have any questions, contact Trudy Eckhardt, 667-1455, home, or cell, 970-213-3123. Also, I will be unavailable from April 2nd through April 14th.

Trudy Eckhardt, Philo Web/Mass Mailing Editor

